

As you work for higher skill, remember								8
that how well you key fast is just as								17
important as how fast you key. How well							25	
you key at any speed depends in major							33	
ways upon the technique or form you use.							41	
Bouncing hands and flying fingers lower							49	
the speed, while quiet hands and low							56	
finger reaches increase speed.							62	
1	2	3	4	5	6	7	8	



Few of us ever reach what the experts							
believe is perfect technique, but all of us							
should try to approach it. We must realize							
that good form is the secret to higher speed							
with fewer errors. We can then focus our							
practice on the improvement of the features							
of good form that will bring success.							
1 2 3 4 5 6 7 8							